

# TOPICAL MEDICATION APPLICATION & HAND WASHING INSTRUCTIONS



1. **Wash your hands** and the affected area(s) of your skin well and rinse away all residue.



2. Gently pat the affected area(s) dry with a soft cloth or **paper towel**.



3. **Apply the topical medication** evenly to the affected area(s) as directed on the label or as directed by your doctor.



4. Gently **smooth out the topical medication** onto the affected area(s) for 1-2 minutes or until topical medication disappears into skin. If your prescription is for combination therapy (two or more different topical products), see below for additional directions.



5. **Wash your hands** after applying the topical medication, unless your hands are the affected area(s). Limit your physical contact with others if the topical medication is applied to your hands.